

Awareness Months

<http://www.healthfinder.gov/nho/default.aspx>

https://c.ymcdn.com/sites/nationalwellness.site-ym.com/resource/resmgr/healthobservancescalendar/2014_nwi_healthobsvcal.pdf

January

National Birth Defects Prevention Month
National Blood Donor Month
National Cervical Health Awareness Month
National Glaucoma Awareness Month
National Folic Acid Awareness Week

February

American Heart Month
Teen Dating Violence Awareness Month
Prevent Blindness America
National Cancer Prevention Month
National Children's Dental Health Month
National Eating Disorders Awareness Week
Random Acts of Kindness Week

March

National Nutrition Month
National Sleep Awareness Week
National School Breakfast Week
American Diabetes Alert Day
Brain Injury Awareness Month
National Colorectal Awareness Month
National Eye Donor Month
National Kidney Month
National Poison Prevention Month

April

National Alcohol Awareness Month

National Autism Awareness Month

National Cancer Control Month

National Child Abuse Prevention Month

National Testicular Cancer Awareness Month

National Youth Sports Safety Month

Stress Awareness Month

World Health Day

May

ALS Awareness Month

Asthma and Allergy Awareness Month

National Arthritis Month

National Stroke Awareness Month

Melanoma/Skin Cancer Detection and Prevention Month

National Mental Health Month

National Osteoporosis Month

Hepatitis Awareness Month

Huntington's Disease Awareness Month

Lupus Awareness Month

National Physical Fitness and Sports Month

June

Home Safety Month

Sun Safety Week

National Scleroderma Awareness Month

Migraine and Headache Awareness Month

National Cancer Survivors Day

National Men's Health Week

World Blood Donor Day

July

UV Safety Month

Fireworks Safety Month

Eye Injury Prevention Month

National Park and Recreation Week

National Park and Recreation Association

Every Body Deserves a Massage Week

August

Children's Eye Health and Safety Month

Medic Alert Awareness Month

National Immunization Awareness Month

National Night Out

September

Backpack Awareness Day

National Cholesterol Education Awareness Month

National Food Safety Education Month

National Childhood Obesity Awareness Month

National Childhood Injury Prevention Week

National Suicide Prevention Week

Fruits & Veggies – More Matters Month

America on the Move – Month of Action

Childhood Cancer Awareness Month

Leukemia & Lymphoma Awareness Month

National Sickle Cell Disease Awareness Month

National Yoga Month

Ovarian Cancer Awareness Month

Prostate Cancer Awareness Month

October

National Breast Cancer Awareness Month

National Fire Prevention Week

Mental Illness Awareness Week

World Mental Health Day

Red Ribbon Week

Domestic Violence Awareness Month

National Bullying Prevention Month

National Crime Prevention Month

National Liver Awareness Month

National Spina Bifida Month

November

American Diabetes Month

Lung Cancer Awareness Month

National Healthy Skin Month

Great American Smoke-Out

National Family Health History Day

National Alzheimer's Disease Awareness Month

National Child Mental Health Month

National Epilepsy Awareness Month

December

World AIDS Day

National Hand Washing Awareness Week

National Influenza Vaccination Week