

7th Grade Health  
Ms. Dominguez  
[jdomingu@syc427.org](mailto:jdomingu@syc427.org)

Rules:

Be on time – when the bell rings you need to be in the class.  
Respect other students' Right to learn and my Right to teach.  
Be prepared for class:

- Assignment Notebook
- Pen or Pencil
- Health Journal or Binder
- Any homework or assignments

Consequences: a negative, office referral, parent meeting

Grading:

Grades will be determined from assignments given in class, projects, quizzes, tests, participation and preparation.

Grades are calculated with the PE grade for whichever quarter he/she is in health.

Textbooks:

Our textbooks for health are in the classroom, and books are not taken from the classroom unless they are checked out from Ms. Dominguez. The book should be returned to Ms. Dominguez before class.

Each 7<sup>th</sup> grade student will attend health class in 2, 3 week sessions (or 6 weeks). Main topics to be covered in session one include: Mental Health, personality, self-esteem, stress, stress management, mental illness, including depression and suicide, and decision making skills. The second session includes the topics of tobacco, alcohol, and other illegal drugs and how they impair the body.

Any questions or concerns, you can contact Ms. Dominguez at [jdomingu@syc427.org](mailto:jdomingu@syc427.org).

My class rotation dates will be: \_\_\_\_\_.

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I have read the above rules and expectations. I also understand the consequences listed.

Class Period: \_\_\_\_\_ Date: \_\_\_\_\_

Student Name: \_\_\_\_\_  
Print Signature

Parent/Guardian Name: \_\_\_\_\_  
Print Signature

